

Roxbourne Physical Education Curriculum



Year Group	Name of Unit	HT1	HT2	HT3	HT4	HT5	HT6
Nursery	Name of Unit	Introduction to PE	Fundamentals	Dance	Ball Skills	Games Unit 1	Athletics
Reception	Name of Unit	Basic Movements/Spatial Awareness Introduction to PE	Fundamentals	Gymnastics	Ball Skills	Athletics	Athletics
	Name of Unit	Fundamentals	Basic Movements/Spatial Awareness Introduction to PE	Ball Skills	Dance	Games Unit 1	Games Unit 2
Year 1	Unit	Fundamentals	Ball skills	Gymnastics	Dance	Athletics	Fitness
	Unit	Target games	Team Building	Sending and receiving	Invasion	Net and Wall games	Striking and Fielding
Year 2	Unit	Fundamentals	Ball skills	Gymnastics	Dance	Athletics	Fitness
	Unit	Target games	Team Building	Sending and receiving	Invasion	Net and wall games	Striking and Fielding
Year 3	Unit	Ball Skills	Hockey	Gymnastics	Tennis	Swimming	Cricket
	Unit	Football	Fitness	Basketball	Dance	Athletics	
Year 4	Unit	Tag rugby	Hockey	Swimming/Hanball		Athletics	Rounders
	Unit	Netball	Fitness	Gymnastics/Dance		OAA	Tennis
Year 5	Unit	Swimming	Swimming	Gymnastics	OAA	Athletics	Cricket
	Unit	Football	Hockey	Basketball	Dance	Fitness	Tennis
Year 6	Unit	Tag rugby	Hockey	Basketball	Dance	Athletics	Tennis
	Unit	Netball	Fitness	Gymnastics	OAA	Handball	Rounders