



Friday 19th January 2024

## Year 3 RE Visit to the Lelung Dharma Centre on Wednesday 31st January 2024

Dear Parents/Carers,

We are excited to share that the Year 3 team have organised an RE visit to the Lelung Dharma Centre - RE Buddhism Enrichment. The objectives of our educational visit are:

- To consolidate and deepen understanding of Tibetan Buddhism and its significance in people's lives.
- To participate in a meditation session led by the Dalai Lama to practise mindfulness.
- To have the opportunity to ask questions about Buddhist traditions during a Q&A session with the Dalai Lama.

You will find all the details of the educational visit below. Please do not hesitate to get in touch if you have any questions.

Yours sincerely,

The Year 3 Team

### Educational Visit Details

<b>Date</b>	Wednesday 31st January 2024
<b>Destination</b>	Lelung Dharma Centre - RE Buddhism Enrichment
<b>Departure time</b>	9:00 am
<b>Return time</b>	12:00 pm
<b>Method of transport</b>	TfL Bus
<b>Clothing</b>	Full School Uniform
<b>Lunch</b>	Please note your child's lunch provision for the day is as usual as the children will eat at school
<b>Parent helpers</b>	We would like some parents and carers to support us on this educational visit. To register your interest, please complete the online form located <a href="#">here</a> by Friday 24th January 2024.