Roxbourne Physical Education Curriculum

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Year Group		HT1	HT2	HT3	HT4	HT5	HT6
	Name of Unit	Introduction to PE Unit 1 >To move safely and sensibly in a space with	Fundamentals Unit 1 >To develop balancing whilst stationary and on the move.	Dance >To explore different body parts and how they move.	Ball Skills Unit 1 >To develop rolling a ball to a target.	Games Unit 1 >To work safely and develop running and stopping.	Athletics >To move at different speeds over varying distances.
		consideration of others. >To develop moving safely and stopping with control.	 >To develop buildening while automaty and on the move. >To develop running and stopping. >To develop changing direction. 	>To explore different body parts and how they move and remember and repeat actions.	>To develop stopping a rolling ball. >To develop accuracy when throwing to a target.	>To develop throwing and learn how to keep score. >To play games showing an understanding of the different roles	 >To develop balance. >To develop changing direction quickly.
		>To use equipment safely and responsibly.	>To develop jumping and landing.	>To express and communicate ideas through movement	>To develop bouncing and catching a ball.	within it.	>To explore hopping, jumping and leaping for distance.
Nursery	Lesson Content		>To develop hopping and landing with control. >To explore different ways to travel.	exploring directions and levels. >To create movements and adapt and perform simple	>To develop dribbling a ball with your feet. >To develop kicking a ball.	>To follow instructions and move safely when playing tagging games.	>To develop throwing for distance. >To develop throwing for accuracy.
		>To work with others co-operatively and play as a group. >To follow, copy and lead a partner.		dance patterns. >To copy and repeat actions showing confidence and		>To work co-operatively and learn to take turns. >To work with others to play team games.	
				imagination. >To move with control and co-ordination, linking, copying			
	Name of Unit	Introduction to PE Unit 2	Fundamentals Unit 2	and repeating actions. Gymnastics	Ball Skills Unit 2	Games Unit 2	Athletics
	Name of Unit	>To move around safely in space.	>To develop balancing.	Symnastics >To copy and create shapes with your body.	>To develop rolling and tracking a ball.	>To aim when throwing and practise keeping score.	Athletics >To move at different speeds over varying distances.
		>To follow instructions and stop safely. >To stop safely and develop control when using	>To develop running and stopping. >To develop changing direction.	>To be able to create shapes whilst on apparatus. >To develop balancing and taking weight on different	>To develop accuracy when throwing to a target. >To develop dribbling with hands.	>To follow instructions and move safely when play tagging games.	>To develop balance. >To develop changing direction quickly.
Reception	Lesson Content	and the second	>To develop jumping. >To develop hopping.	body parts. >To develop jumping and landing safely.	>To develop throwing and catching with a partner. >To develop dribbling a ball with your feet.	>To learn to play against a partner. >To develop co-ordination and play by the rules.	>To explore hopping, jumping and leaping for distance. >To develop throwing for distance.
		>To follow a path and take turns.	>To explore different ways to travel using equipment.	>To develop jumping and failing safety. >To develop rocking and rolling. >To copy and create short sequences by linking actions	>To develop unbuing a ball with your reet.	>To explore striking a ball and keeping score.	>To develop throwing for distance.
		>To work co-operatively with a partner.		> Io copy and create short sequences by linking actions together.		>To work co-operatively as a team.	
	Unit	Fundamentals > To explore balance, stability and landing safely.	Ball skills >To develop dribbling a ball with your hands.	Dance >To use counts of 8 to move in time and make my dance	Net and wall games >To defend space using the ready position.	Athletics >To move at different speeds over varying distances.	Athletics >To move at different speeds over varying distances.
		> To explore how the body moves differently when running at different speeds.	>To explore accuracy when rolling a ball. >To explore throwing with accuracy towards a target.	look interesting. >To explore pathways in my dance.	>To play against an opponent and keep the score.	>To develop balance. >To develop changing direction quickly.	>To develop balance. >To develop changing direction quickly.
		>To explore changing direction and dodging.	>To explore catching with two hands. >To explore catching with two hands.	>To create my own dance using, actions, pathways and	>To develop racket and ball skills.	>To explore hopping, jumping and leaping for distance.	>To explore hopping, jumping and leaping for distance.
	Lesson Content	>To explore jumping, hopping and skipping actions. >To explore co-ordination and combination jumps.	>To explore tracking a ball that is coming towards me.	counts. >To explore speeds and actions in our pirate inspired	>To develop sending a ball using a racket. >To develop hitting over a net.	>To develop throwing for distance. >To develop throwing for accuracy.	>To develop throwing for distance. >To develop throwing for accuracy.
	content	>To explore combination jumping and skipping in an individual rope.		dance. >To copy, remember and repeat actions that represent			
Year 1				the theme. >To copy, repeat, create and perform actions that			
	Unit	Tagging and Dodging	Target games	represent the theme. Team Building	Sending and receiving	Invasion	Striking and Fielding
	Unit	> To understand the fundamentals of tagging	>To develop underarm throwing towards a target.	>To co-operate with a partner to complete challenges.	>To roll a ball towards a target.	>To understand the role of defenders and attackers.	>To develop underarm throwing and catching.
		> To understand the fundamentals of dodging> To demonstrate the ability to dodge, evade and	>To develop throwing for accuracy. >To develop underarm and overarm throwing at a target.	>To explore and develop working as a team. >To develop talking, listening and sharing skills.	>To track and receive a rolling ball. >To send and receive a ball with your feet.	>To recognise who to pass to and why. >To move towards goal with the ball.	>To develop overarm throwing. >To develop hitting a ball.
	Lesson Content	anticipate. > To begin to make decisions about the use of basic	>To develop throwing for accuracy and distance using underarm and overarm.	>To use speaking and listening skills to lead a partner. >To plan with a partner and small group to complete	>To develop catching skills. >To develop throwing and catching skills.	>To support a teammate when playing in attack. >To move into space showing an awareness of defenders.	>To develop collecting a ball. >To learn how to get a batter out.
	content	tactics. > To demonstrate the ability to replicate core skills in a	>To select the correct throw for the target. >To develop throwing for accuracy and distance.	>To use talking, listening and sharing skills to complete	>To send and receive a ball using a racket.	>To stay with a player when defending.	>To play games and understand how to score points.
		competitive situation.	Ball skills	challenges.	Net and wall games	Athletics	Athletics
	Unit	>To explore how the body moves when running at	>To develop rolling a ball to hit a target.	Gymnastics >To perform gymnastic shapes and link them together.	>To use the ready position to defend space on court.	>To develop the sprinting action.	>To develop the sprinting action.
		different speeds. >To develop changing direction and dodging.	>To stop a rolling ball. >To dribble a ball with your feet.	>To perform gymnastics shapes with control and link them together.	>To develop returning a ball with hands. >To play against a partner.	>To develop jumping for distance. >To develop technique when jumping for height.	>To develop jumping for distance. >To develop technique when jumping for height.
	Lesson	>To develop balance, stability and landing safely. >To explore and develop jumping, hopping and skipping	>To develop kicking a ball. >To develop throwing and catching.	>To use shapes to create balances. >To use shapes to create balances.	>To develop racket skills and use them to return a ball. >To develop returning a ball using a racket.	>To develop throwing for distance. >To develop throwing for accuracy.	>To develop throwing for distance. >To develop throwing for accuracy.
	Content	actions. >To develop co-ordination and combining jumps	>To develop dribbling a ball with your hands.	>To link travelling actions and balances using apparatus. >To develop travelling actions and balances using	>To play against an opponent using a racket.	>To select and apply knowledge and technique in an athletics carousel.	>To select and apply knowledge and technique in an athle carousel.
		>To develop co-ordination and combining jumps >To develop combination jumping and skipping in an individual rope.		apparatus.			
Year 2	Unit	Tagging and Dodging	Target games	Team Building	Sending and receiving	Invasion	Striking and Fielding
		> To further develop tagging skills > To develop further dodging techniques	>To develop underarm throwing towards a target. >To develop throwing for accuracy.	>To follow instructions and work with others. >To co-operate and communicate in a small group to solve	>To roll a ball towards a target. >To track and receive a rolling ball.	>To understand what being in possession means and support a teammate to do this.	>To track a rolling ball and collect it. >To develop underarm throwing and catching to field a bal
		> To demonstrate the ability to dodge, evade and anticipate.	>To develop underarm and overarm throwing at a target. >To develop throwing for accuracy and distance using	challenges. >To create a plan with a group to solve the challenges.	>To send and receive a ball with your feet. >To develop catching skills.	>To understand that scoring goals is an attacking skill and to explore ways to do this.	>To develop overarm throwing to limit a batter's score. >To develop hitting for distance to score more points.
	Lesson Content	 > To make decisions about the use of basic tactics. > To demonstrate the ability to replicate core skills in a 	underarm and overarm. >To select the correct throw for the target.	>To communicate effectively and develop trust. >To use teamwork skills to work as a group to solve	>To develop throwing and catching skills. >To send and receive a ball using a racket.	>To understand that stopping goals is a defending skill and explore ways to do this.	>To be able to get a batter out. >To understand the rules of the game and use these to pla
	content	competitive situation.	>To develop throwing for accuracy and distance.	problems. >To work with a group to copy and create a basic map.	_	>To explore how to gain possession. >To mark an opponent and understand that this is a defending	fairty.
						skill. >To apply simple tactics for attacking and defending.	
	Unit	Basketball	Hockey	Dance	Tennis	Cricket	Athletics
		> To develop the attacking skill of dribbling. > To protect the ball when dribbling against an	> To develop sending and receiving the ball with accuracy and control.	> To create actions in response to a stimulus and move in unison with a partner.	> To develop racket and ball control.> To explore rallying using a forehand.	> To develop overarm and underarm throwing and apply these to a striking and fielding game.	> To develop the sprinting technique and improve on your personal best.
		opponent. > To develop passing and begin to recognise when to use	> To develop the attacking skill of dribbling. > To develop dribbling to beat a defender.	> To create actions to move in contact with a partner or interact with a partner.	> To explore returning the ball using a forehand. > To explore returning the ball using a backhand.	> To develop bowling technique and learn the rules of the skill within this game.	> To develop changeover technique in relay events. > To develop jumping technique in a range of approaches a
	Lesson	different skills. > To use defending skills to delay an opponent and gain	> To use defending skills to delay an opponent and gain possession.	> To select and link appropriate actions and dynamics to show our dance idea.	> o learn how to score and use simple rules. > To work co-operatively with others to begin to	> To develop batting technique and understand where to hit the ball.	take off positions. > To develop throwing for distance and accuracy.
Year 3	Content	possession. > To develop technique in the attacking skill of shooting.	> To apply attacking skills to move towards goal and find space.	> To remember, repeat and create actions to represent an idea	manage a game.	> To develop fielding techniques and apply them to game situations.	> To develop throwing for distance in a pull throw. > To develop officiating and performing skills.
		> To apply skills and knowledge to compete in a tournament.	> To apply skills and knowledge to compete in a tournament.	> To share ideas of actions and dynamics to create a dance that shows a location.		> To play different roles in a game and begin to think tactically about each role.	
	Unit	Football	Fundamentals	> To use choreographing ideas to develop our dance. Ball skills	Multi sports	> To apply skills and knowledge to compete in a tournament. OAA	Rounders
	Unit	> To develop the attacking skill of dribbling.	> To develop balancing and understand the importance of	> To develop tracking and collecting skills.	> To be introduced to a new sport	> To develop co-operation and teamwork skills.	> To develop overarm and underarm throwing and catching
		> To develop changing direction and speed when dribbling.	this skill. > To develop technique when running at different speeds.	> To develop confidence and accuracy when tracking a ball.	> To understand and perform basic techniques > To apply the rules and skills against opposition	>To develop trust and teamwork. > To involve all team members to work towards a shared goal.	apply these to a striking and fielding game. > To develop bowling and learn the rules of the skill within
	Lesson	> To develop passing and begin to recognise when to use different skills.	> To develop agility using a change of speed and direction.	> To develop dribbling skills with hands and feet.> To develop catching skills using one and two hands.		> To develop trust whilst listening to others and following instructions.	game. > To develop batting technique and understand where to h
	Content	> To apply attacking skills to move towards a goal. > To use defending skills to delay an opponent and gain	> To develop technique and control when jumping, hopping and landing.	> To explore and develop a variety of throwing techniques.		> To be able to identify objects, draw and follow a simple map.> To draw a route using directions, orientate a map and	ball. > To develop fielding techniques and apply them to game
		possession. > To apply skills and knowledge to compete in a	> To develop skipping with a rope. > To apply fundamental skills to a variety of challenges.	> To use tracking and sending skills with feet.		navigate around a grid.	situations. > To play different roles in a game and begin to think taction
		tournament.					about each role. > To apply skills and knowledge to compete in a tourname
	Unit	Tag rugby	Hockey	Basketball	Tennis	Cricket	Athletics
		> To develop throwing, catching and running with the ball.	> To develop sending and receiving the ball with accuracy and control.	> To protect the ball when dribbling against an opponent.	> To develop racket and ball control. > To develop returning the ball using a forehand and	> To develop overarm and underarm throwing and apply these to a striking and fielding game.	> To develop stamina and an understanding of speed and p in relation to distance.
		> To develop an understanding of how to defend using tagging rules.	> To develop the attacking skill of dribbling.> To develop dribbling to beat a defender.	> To develop passing and begin to recognise when to use different skills.	understand when to use it. > To develop the backhand and understand when to use	> To develop bowling technique and learn the rules of the skill within this game.	> To develop power and speed in the sprinting technique.> To develop technique when jumping for distance.
	Lesson	> To begin to use the 'forward pass' and 'offside' rule.> To develop movement skills to dodge a defender.	> To use defending skills to delay an opponent and gain possession.	> To use defending skills to delay an opponent and gain possession.	it. > To keep a continuous rally going showing increased	> To develop batting technique and understand where to hit the ball.	> To develop power and technique when throwing for dist > To develop a pull throw for distance and accuracy.
	Content	> To track an opponent and begin to defend as a team. > To apply the rules and skills you have learnt and play in	> To apply attacking skills to move towards goal and find space.	 > To develop technique in the attacking skill of shooting. > To apply skills and knowledge to compete in a 	technique. > To use and apply rules and simple tactics.	> To develop fielding techniques and apply them to game situations.	> To develop officiating and performing skills.
Year 4		a tag rugby tournament.	> To apply skills and knowledge to compete in a tournament.	tournament.	> To understand and use rules to manage a game.	> To play different roles in a game and begin to think tactically about each role.	
	Unit	Netball	Ball skills	Gymnastics	Multi sports	> To apply skills and knowledge to compete in a tournament. Swimming	Swimming
	onn	> To develop passing and moving and play within the	> To develop tracking and collecting skills.	> To develop individual and partner balances.	> To be introduced to a new sport	> To develop an understanding of buoyancy and balance in	> To develop surface dives, submersion and handstands.
		footwork rule. > To use a variety of passes to move towards a goal.	> To develop confidence and accuracy when tracking a ball.	> To develop the straight, barrel, forward and straddle roll.	> To understand and perform basic techniques > To apply the rules and skills against opposition	the water. > To develop independent movement and submersion.	> To develop head above water breaststroke technique.> To develop head above water breaststroke technique.
	Lesson Content	> To develop movement skills to lose a defender. > To defend an opponent and try to win the ball.	> To develop dribbling skills with hands and feet.> To develop catching skills using one and two hands.	> To link actions that flow using the rolls I have learnt. > To develop strength in inverted movements.		> To develop gliding and crawl legs.> To develop front crawl breathing.	> To develop basic skills in water safety and floating.> To learn techniques for personal survival.
		 > To develop the shooting action. > To apply skills and knowledge to play games using 	> To explore and develop a variety of throwing techniques.	> To create a great partner sequence to include the skills I have learnt and apparatus.		> To develop gliding and backstroke.> To develop rotation, sculling and treading water.	> To develop water safety skills and an understanding of personal survival.
	Unit	netball rules. Basketball	> To use tracking and sending skills with feet. Netball	Dance	Tennis	Cricket	Athletics
	Cont	> To dribble with control under pressure.	> To develop passing and moving to maintain possession.	> To create a dance using a random structure and perform	> To return the ball using a forehand groundstroke	> To develop throwing and catching under pressure and apply	> To understand pace and apply different speeds over vary
		> To move into and create space to support a teammate. > To choose when to pass and when to dribble.	> To use a variety of attacking skills to lose a defender. > To move into and create space to support a teammate.	the actions showing quality and control. > To understand how changing dynamics changes the	under pressure. > To return the ball using a backhand groundstroke	these to a striking and fielding game. > To develop bowling under pressure whilst abiding by the	distances. > To develop fluency and co-ordination when running for s
		> To use the appropriate defensive technique for the	> To use defending skills to gain possession.	appearance of the performance. > To understand and use relationships and space to	under pressure. > To use a variety of shots to keep a continuous rally	rules of the game. > To strike a bowled ball with increasing consistency.	 > To develop technique in relay changeovers. > To build momentum and power in the triple jump.
		situation.	> To develop accuracy in the shooting action under				> To develop throwing with force for longer distances.
	Lesson Content	situation. > To develop shooting technique and make decisions about when to pass, dribble or shoot.	pressure. > To use and apply skills, principles and tactics to a game	change how a performance looks. > To copy and repeat movements in the style of rock 'n'	going. > To develop the underarm serve and understand the	> To develop fielding techniques and select the appropriate action for the situation.	> To develop throwing with greater control and technique
		situation. > To develop shooting technique and make decisions	pressure.	change how a performance looks. > To copy and repeat movements in the style of rock 'n' roll. > To work with a partner to copy and repeat actions in	rules of serving. > To develop the volley and understand when to use it.	lo advelop helining techniques and select the appropriate action for the situation. Yo understand and apply tactics in a game. Yo apply skills and knowledge to compete in a tournament.	> To develop throwing with greater control and technique
Voss 5		situation. > To develop shooting technique and make decisions about when to pass, dribble or shoot.	pressure. > To use and apply skills, principles and tactics to a game	change how a performance looks. > To copy and repeat movements in the style of rock 'n' roll. > To work with a partner to copy and repeat actions in time with the music. > To work collaboratively with a group to choreograph a	rules of serving.	action for the situation. > To understand and apply tactics in a game.	> To develop throwing with greater control and technique
Year 5	Content	situation. > To develop shooting technique and make decisions about when to pass, dribble or shoot.	pressure. > To use and apply skills, principles and tactics to a game situation.	change how a performance looks. > To copy and repeat movements in the style of rock 'n' roll. > To work with a partner to copy and repeat actions in time with the music. > To work collaboratively with a group to choreograph a dance in the style of Rock 'n' Roll.	rules of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent.	action for the situation. > To understand and apply tactics in a game.	> To develop throwing with greater control and technique Rounders
Year 5		situation. > To develop shooting technique and make decisions about when to pass, dribble or shoot. > To apply principles, rules and tactics to a tournament. Football > To maintain possession when dribbling.	pressure. > To use and apply skills, principles and tactics to a game situation. Hockey > To develop dribbling to beat a defender.	change how a performance looks. > To copy and repeat movements in the style of rock 'n' roll. > To work with a partner to copy and repeat actions in time with the music. > To work colloardowley with a group to choreograph a dance in the style of Rock 'n' Roll. <u>Swimming</u> > To develog (Bing, Front craw and backstroke.	rules of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent. Swimming > To develop breaststroke and breathing technique.	action for the situation. > To understand ad apply tactics in a game. > To apply skills and knowledge to compete in a tournament. OAA > To develop communication and negotiation skills.	> To develop throwing and catching under pressure and ap
Year 5	Content	stuation. 5 to develop shorting technique and make decisions about when to pass, drable or short. > b opping principles, rules and tacks to a bournament. Football > To maintain possession when drabling. > To drable with control under pressure.	pressure. > To use and apply skills, principles and tactics to a game situation. <u>Hockey</u> > To develop dribbing to beat a defender. > To send and receive the ball with control under pressure.	change how a performance boks. > 10 Goya and repeat movements in the style of rock 'n' roll. > 10 Goya and repeat actions in how with a partner to copy and repeat actions in how earthing the mices. > 10 work collaboratory with a group to choreograph a dirace in the style of bots'n' Roll. > Swimming > 10 develop the flow craws and a backstroke. > 10 develop to theory notable, sculling and treading water.	rules of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent. Swimming > To develop brasistroke and breathing technique. > To develop basis skills of water safety and floating.	action for the situation. > To understand analopy tackics in a game. > To apply skills and knowledge to compete in a tournament.	Rounders > To develop throwing and catching under pressure and ag these to a striking and fielding game.
Year 5	Content	stuation. To develop theoring technique and make decisions about when to pass, dribble or shoot. > To apply principles, rules and tactics to a tournament. Football > To maintain possession when dribbling. > To anable which could under pressure. > To achebe which could under pressure.	pressure. > To use and apply skills, principles and tactics to a game altuation. Hockey > To develop divibiling to barts defender. > To send and receive the ball with control under pressure. > To sette the appropriate skill, choosing when to pass and when to drivble.	change how a performance look. > 5 loops and repear movements in the style of rock 'n' roll. > 5 look with a partner to copy and repeat actions in time with the music. > look and the music in the storage of the storage dance in the style of 8 dock 'n' 8 dol. Swimming > 5 do steretop gliding, front cava and backstroke. > 5 do steretop gliding, front cava and backstroke technique.	nies of serving. > To develop the volley and understand when to use it. > To apply rules, kills and principles to play against an opponent. Swimming > To develop breaststrole and preshing technique. > To develop breaststrole and preshing technique. > To develop base table of water safety and floating. > To learn techniques for personal survival.	action for the situation. > To understand and apply tactics in a game. > To apply skills and knowledge to compete in a tournament. > To develop communication and negotiation skills. > To develop communication and megotiation skills. > To develop communication and megotiation skills.	Rounders > To develop throwing and reliance and any official these to solve any official game. To the advance of the game of the solve and the solve of the advance of the game. The solve of the solve of the game of the solve of the point of the solve of the so
Year 5	Content	situation. To develop theoring technique and make decisions about when to pass, dribble or shoot. > To apply principles, rules and tactics to a tournament. Football > To maintain possession when dribbling. > To dribble with control under pressure. > To acket the appropriate site, floating when to pass and when the tothous decisions to apply tacming a short to pass > To the appropriate defensive technique for the situation.	pressure. > To use and apply skills, principles and tactics to a game distantion. Hockey > To develop diffuting to beat a detender. > To develop diffuting to beat a detender. > To develop diffuting to beat a detender. > To develop diffuting the beat a detender.	change how a performance looks. > 10 copy and repeat movements in the style of rock 'n > 10 copy and repeat actions in time with the music. > 10 work collaboratively with a group to choreograph a direct in the style of body 'n four. Swimming > 10 develop gallion, sculling and treading water. > 10 develop ontation, sculling and treading water.	rules of serving. > To develop the volley and understand when to use It. > To apply rules, skills and principles to play against an opponent. Swimming > To develop basis skills of water stafey and motos. > To develop basis skills of water stafey and motos. > To develop the skills of water stafey and motos.	action for the situation. > > To understand and papy lactics in a game. > > To apply skills and knowledge to compete in a tournament.	Rounders > To develop throwing and cathing under pressure and as > to develop throwing and cathing under pressure while abding by the > to develop bounding under pressure while abding by the > 5 of service above that while increasing consistency. > to develop fielding techniques and select the appropriat action for the situation.
Year 5	Content Unit Lesson	stuation. To develop theoring technique and make decisions about when to pass, dribble or shoot. > To apply principles, rules and tactics to a tournament. Football > To maintain possession when dribbling. > To anable which could under pressure. > To achebe which could under pressure.	pressure. > To use and apply skills, principles and tactics to a game situation. • To develop dribbling to beat a defender. > To develop dribbling to beat a defender. > To send and receive the ball with control under pressure. = and when to dribble. > To more into and create space to support a teammate.	change how a performance looks. > 10 copy and repeat movements in the style of rock 'n' coll. > 10 copy and repeat actions in time with the maximum constraints of the style of rock 'n' rock with a maximum constraint of the style of rock of the > 10 work collaboratively with a group to choreograph a dirace in the style of the Cin' field. > 10 develop field from crawin and backstroke. > 10 develop field not crawin stole and treating > 10 develop the thorizon the starting. > 10 develop the thorizon the starting of the starting. > 10 develop the thorizon the chings of the starting. > 10 develop the thorizon the chings.	niles of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent. Swimming > To develop the schulls of water safety and floating > To develop the schulls of water safety and floating. > To develop the schulls of water safety and floating. > To develop the schulls in the schull of the schull > To develop the schulls of water safety and floating. > To develop the schulls of water safety and floating. > To develop the schulls water safety skills and an understanding of personal survival.	action for the situation. > To understand and papy lactics in a game. > To apply skills and knowledge to compete in a tournament. OAA > To develop communication and negotiation skills. > To develop strong communication and negotiation skills to > To develop strong communication and negotiation skills to > To develop and gad problem schutzy skills. > To develop and gad problem schutzy skills.	Rounders > to develop threwing and catching under pressure and ap- three to a straking and fielding game. > To develop bowing under pressure whils ablaining by the of the game. > to rarise a bowing and ball with increasing consistency. > to rarise a bowing and ablance the appropriate the sharehold and with increasing consistency. > to constrain and apply tactics in a game.
Year 5	Content Unit Lesson Content	situation. To develop shorting technique and make decisions about when to pass, drable or shout. > to apply principles, rules and tacks to a burnament. Football > to disable mitrocolor when drabing. > to d	pressure. > To use and apply skills, principles and tactics to a game situation. > To develop dribbiling to beat a detender. > To use the appropriate defensive technique for the situation. > To appriviles, skills and principles to play in a tournament.	change how a performance looks. > 10 Gory and repeat movements in the style of rock 'n' rol > 10 Gory and repeat actions in the sense that the main sense and repeat actions in the sense that the main sense and repeat actions in > 10 works calaboratively with a group to choreograph a dimene in the style of back 'n' Roll. > 10 develop that for craws' and backstroke. > 10 develop the technique. > 10 develop the technique. > 10 develop the technique.	rules of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent. <u>Swimming</u> > To develop the activations and Distufting technique. > To develop the activation of an understanding of personal survival. > To develop the activately skills and an understanding of personal survival. > To develop the develop skills (skills) and understanding of personal survival. > To develop the develop skills (skills) and understanding of personal survival.	action for the situation. > 10 understand and apply tactics in a game. > 10 upply skills and knowledge to compete in a tournament. > 10 develop communication and negotiation skills. > 10 develop communication and negotiation skills. > 10 develop planning and problem solving skills. > 10 develop paysition skills and mage reading. > 10 develop navigation skills and mage reading.	Rounders > To develop three and catching under pressure and ap these to a straking and fielding game. > To develop bowing under pressure which abiliting by the of the game. > To drake a bowing techniques and select the appropriate > To develop boding techniques and select the appropriate > to complete the apply techniques and select the appropriate > to apply skills and knowledge to compete in a tourname
Year 5	Content Unit Lesson	situation. To develop brothing technique and make decisions about when to pass, droble or shout. > To upphy principles, rules and tacks is a burnament. Football > To maintain passession when drobling. > To sheft: the pappropriate skill, choosing when to pass and when to droble. > To maintain and create space to support a terminate. > To maintain and create space to support a seminate. > To use the appropriate skill, choosing when to pass to runnament. To stretct the appropriate skill, choosing when to run	pressure. > To use and apply skills, principles and tactics to a game situation. > To develop dribbiling to beat a detender. > To develop dribbiling to beat a detender. > To sette the appropriate skill, choosing when to pass and when to dribbiling the starks to targorith a teammate. > To use the appropriate skill, choosing when to pass and when to dribbiling the starks to targorith a teammate. > To use the appropriate skills, and principles to play in a teammament. Hockey :	change how a performance look. > 10 Goy and repear movements in the style of rock 'n' rol. > 10 Goy and repear movements in the style of rock 'n' rol. > 10 work on clabacrathey with a group to choreograph a dime in the style of back 'n' Roll. > Swimming > Go develop filter for crawal radie and treating technique. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique technique. > 10 develop the technique technique. > 10 develop the technique technique. > 10 develop the technique technique.	Intes of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent. Swimming. > To develop the activation and Darahing technique. > To develop the activation and Darahing technique. > To develop the activation and an understanding of periodial survival. > To develop the activativation and understanding of periodial survival. > To develop the activativation and understanding of periodial survival. > To develop the activativation and bests.	action for the situation. > To understand and apply tactics in a game. > To apply skills and knowledge to compete in a tournament. > To develop communication and negositation skills. > To develop communication and negositation skills. > To develop particular skills. > To develop navigation skills and nago reading. > To develop throwing and catching under pressure and apply	Rounders >50 develop threeing and catching under pressure and an three to a straking and fielding game. > >16 develop bound under pressure whils abding by the of the game. > > 16 davelop bound techniques and select the appropriate > 16 develop bound techniques and select the appropriate > 10 approximation apply techniques and select the appropriate > 10 apply skills and knowledge to compete in a tourname Athletics
Year 5	Content Unit Lesson Content	situation. To develop theoring technique and make decisions about when to pass, dribble or shoot. > To apply principles, rules and tectics to a tournament. Football > To maintain possession when dribbling. > To maintain possession when dribbling. > To arbible with control under pressure. > To arbible with control u	pressure. > To use and apply skills, principles and tactics to a game situation. > To develop dribbiling to beat a detender. > To develop dribbiling to beat a detender. > To send and receive the ball with control under pressure. > To settle bagpropriate skill, choosing when to pass and when to dribbility and defaulties technique for the situation. > To gravity of yrules, skills and principles to play in a teurumament. Hockey > To develop dribbility to beat a defender. > To develop dribbility to beat a defender. > To develop dribbility to beat a defender. > To develop dribbility to beat a defender.	change how a performance look. > 10 Gory and repear movements in the style of rock 'n' roll. > 10 Gory and repear movements in the style of rock 'n' roll. > 10 work oxidaberatively with a group to choreograph a dance in the style of Rock 'n' Roll. Swimming Swimming To develop the factor with Roll and Instathrole. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop transitionis technique. > 10 develop transitionis technique. > 10 develop transitionis technique. > 10 develop transitionis technique. Backetball > 10 develop transitionis technique. > 10 develop technistionis technique. >	nites of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent. Swimming To develop theories and instituting technique. > To develop theories talky skills of a survey and floating. > To develop theories talky skills and an understanding of personal survival. > To develop the develop kills. > To develop the develop a dubatind and groundstrude. > To develop the develop and understand when to use it.	action for the situation. > To understand and papy lactics in a game. > To apply skills and knowledge to compete in a tournament. > To apply skills and knowledge to compete in a tournament. > To develop communication and negotiation skills. > To develop and endown solving akills. > To develop and develop notice on a map. > To develop and follow a key and map reading. > To develop bound on the skill and map reading. > To develop and follow a key and map reading. > To develop bound catching under pressure and apply these to a striking and felding game.	Rounders >5 to develop thready and catching under pressure and ap these to a stailing and fielding gunder. >5 to develop bound under pressure whilst abding by the of the game. >5 to drive the bound under pressure whilst abding by the of the game. >5 to develop bound techniques and select the appropriate of the game. >5 to game the bound of the game. >6 to apply skills and knowledge to compete in a tourname Athletics >5 to develop any own and others spirinting technique. >5 to develop any own.
Year 5	Content Unit Lesson Content Unit	situation. To develop theoring technique and make decisions about when to pass, dribble or shoot. > To apply principles, rules and tactics to a tournament. Football > To maintain possession when dribbling. > To dribble with control under pressure. > To acte the appropriate skill, choosing when to pass and when the dribble. Upsate to support a teammate. > To use the appropriate skills and principles to play in a tournament. Tag rugby > To sette the appropriate skills, choosing when to run and when the dribble. > To use the appropriate skills, choosing when to run and when to passes. > To use the appropriate skills, choosing when to run and when to passes.	pressure. > To use and appry skills, principles and tactics to a game structure. > To develop dribbing to beat a defender. > To apply or develop dribbing to beat and develop and a durant. HOckey > To Greed price appropriate addefender. > To gender develop dribbing to beat a defender. > To gender develop. > To gender develop.	change tow a performance looks. > 1 Loopy and repeat actions in the style of rock. 'n > 3 Loopy and repeat actions in time with the music. > 3 Loopy and repeat actions in time with the music. > 3 Loopy and repeat actions in time with the music. > 3 Loopy and repeat actions in time with the music. > 3 Loopy and repeat actions in the style of rock 'n dout. Submitting the style of the st	nies of serving. > To develop here wolley and understand when to use it. > To approtect, skills and principles to play against an opponent. > To develop breaststrole and breathing technique. > To develop breaststrole and breathing technique. > To iso develop breaststrole and breathing technique. > To iso and the statistical or address and the statistical > To iso and the statistical or address and the statistical > To iso and the statistical or address and the statistical personal survival. > To iso develop address and personal bests. > To develop understatistical or address and genoralistical > To develop address and genoralistical	action for the situation. > To understand and apply tacks in a game. > To apply skills and knowledge to compete in a tournament. > To develop torono communication and negositation skills. > To develop toronomication and negositation skills. > To develop toronomication and negositation skills. > To develop throning and problem solving skills. > To davelop throning and problem solving skills. > To davelop throning and problem solving skills. > To davelop throning and negositation skills. > To create and follow a key and notuce on a map. Cricket > To develop throning and releding game. > To davelop burnoling and releding game. > To davelop burnoling and releding game. > To davelop burnoling under pressure whila taking by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling under pressure shifts abling by the > To davelop burnoling by the > To davelop burnoling the pressure burnoling abling by the > To davelop burnoling the pressure burnoling abling by the > To davelop burnoling ablin	Rounders Field and a second se
Year 5	Content Unit Lesson Content Unit	situation. To develop shorting technique and make decisions about when to pass, dribble or shout. > or supprigramping, rules and tacks to a burnament. Football Do maintain percentaria and tacks to a burnament. > To develop the shorting of the shorting > To develop the shorting of the shorting > To develop the shorting of the shorting > To develop the shorting of the shorting of the shorting > To develop the shorting of the shorting of the shorting > To develop the shorting of the shorting of the shorting > To advelop the shorting of the short to pass and when to dribble. > To short the short and create space to support a teammate. To short the short the short the short of the short	pressure. > Fou ear ad appry skills, principles and tactics to a game situation. > To develop dribbing to beat a defender. > To develop dribbing to beat a defender. > To send and receive the bail with control under pressure. and when to dribbin. > To use the appropriate allit, choosing when to pass and when to dribbin. > To use the appropriate difference to pay in a tournament. Workshow Michael Control under > To sente the appropriate difference to pay in a tournament. Michael Michael Control under pressure. > To develop dribbing to beat a defender. > To setter the appropriate diff. Actions when to pass	change how a performance look. > 10 Gory and repear movements in the style of rock 'n' rol. > 10 Gory and repear movements in the style of rock 'n' rol. > 10 work on the main the style of rock 'n' rol. > 10 work of caliboratively with a group to choreograph a dance in the style of Rock 'n' Roll. Swimming > 10 develop the factor with Roll and Instathrole. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop the technique for backstroke arms and legs. > 10 develop treatstroke technique. > 10 develop to the store to support a teamste. > 10 develop to to and cortest page to trable.	Intel of serving. > To develop two voltey and understand when to use IL. > To apply rules, skills and principles to play against an dypotent. <u>Swimming</u> > To develop basic skills of water safety and floating. > To develop basic skills of water safety and floating. > To develop the oblight hick. > To loaten the charges for personal survival. > To identify fastest strokes and personal bests. Tennis > To develop placement of the ball using a forehand. > To develop the water safety and post- sonal strokes and personal bests. Tennis > To develop placement of the ball using a forehand. > To compute totics when public water apartment.	action for the situation. > To understand analysit actics in a game. > To apply abits and knowledge to compete in a tournament. > To develop communication and negotiation skills. > To develop communication and negotiation skills. > To develop particular and activity under pressure and apply these to a skilling and fielding game. > To develop throwing and activity under pressure and apply these to a skilling and fielding grune.	Rounders > To develop throwing and catching under pressure and a three to a straking and fielding gund. > To develop booking under pressure withis abiliting by the of the game. > To develop booking techniques and strake the suppropriate of the straketon. > To apply skills and knowledge to compete in a tourname adaption springing technique. > To develop booking techniques and apply taction for the situation. > To apply skills and knowledge to compete in a tourname Athletetics > To develop and adaption springing technique. > To develop and the situation.com adaption springing technique. > To develop and the situation compares the situation springer the situation.
Year 5	Content Unit Lesson Content Unit	situation. To develop theoring technique and make decisions about when to pass, dribble or shoot. > To apply principles, rules and tactics to a tournament. Football > To maintain possession when dribbling. > To anotheo the appropriate diff. Abouting when to pass > To ache the appropriate diff. Abouting when to pass > To ache the appropriate diff. Abouting when to pass > To ache the appropriate diff. Abouting when to pass > To ache the appropriate diff. Abouting when to pass > To ache the appropriate diff. Abouting when to pass > To ache the appropriate diff. Abouting when to to maintain the pass > To ache the appropriate diff. Abouting when to run and when to pass. > To anow into passe to support a teammate abding by the rules. > To a use diff adding skills to gain possession.	pressure. > To use and appry skills, principles and tactics to a game disastion. > To develop disbiling to basis a develop. > To develop disbiling to basis a develop. > To steret and encodence to ball with control under pressure. > To steret and encodence to support a teammate. > To support and principles to play in a teamment. HOckey > To develop dribbiling to basis a developer. > To	change how a performance looks. > 5 Gory and repear movements in the style of rock 'n' rol. > 10 Gory and repear to experiment of the style of rock 'n' rol. > To work with a painter to copy and repear actions in > me with the music. > To work collaboratively with a group to choreograph a dime in the style of dock 'n' Rol. > So develop fortation, sculling and treading water. > 10 develop fortation craws' and backstroke. > 10 develop fortation texting water. > 10 develop the totak treading water. > 10 develop treading the texting. > 10 develop the textin	nites of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent. Swimming. > To develop the bottos as and Distuibing technique. > To develop the doolphin kick. > To develop the doolphing a doolphing when to use it. > To develop the doolphing and understand when to use it. > To develop doolphic and understand when to use it. > To develop accuracy and consistency using the underam serve.	action for the situation. > To understand napply catchs in a game. > To apply skills and knowledge to compete in a tournament. > To apply skills and knowledge to compete in a tournament. > To develop communication and negotiation skills. > To develop to communication and negotiation skills. > To develop to communication and negotiation skills to solve challenges. > To develop to the communication and the equivalent skills to > To develop to the communication and the equivalent skills to > To develop to the skills of the skills of the skills of the skills of > To develop analyziton skills and map reading. > To develop and catching game. > To develop the skills under greasure and apply there to a skilling develop fielding techniques and where whilt abiding by the rules of the game. > To develop fielding techniques and where the appropriate > To develop fielding techniques and skills ago. > To develop fielding techniques and server. > To develop fielding techniques and server. > To develop fielding techniques and skills the agen. > To develop fielding techniques and server. > To develop fielding techniques and server.	Rounders 5 to develop threwing and actining under pressure and a three to a straking and helding game. 5 To develop boding under pressure whitis abding by th of the game. 5 To strake a bodied ball with increasing consistency. 5 To develop boding techniques and select the appropriate technique and the strake and activity of the select technique and the select of the select of the select Athletics 5 To develop power, control and technique for the triple 5 To develop power, control and technique when throwing 5 To develop throwing with force and accuracy for longer distances.
Year 5	Content Unit Lesson Content Unit	situation. To develop storting technique and make decisions about when to pass, dribble or shoot. > To apply principles, ruleis and tactics to a tournament. Football > To maintain possession when dribbling. > To another the appropriate still, choosing when to pass and when the dribble, thousing when to pass and when the dribble space to support a terminate. > To prevent the appropriate still, choosing when to pass and when the dribble space to support a terminate. > To apply rules, stills and principles to play in a tournament. Tag rugby > To stell the appropriate still, choosing when to run and when to pass to support a terminate abding by > To apply rules, stills to gain possession. > To most as a defending unit to prevent attackers from torring.	pressure. > To use and appry skills, principles and tactics to a game afountion. > To develop dribbing to beat a detender. > To send and receive the ball with control under > To sender the appropriate skill, choosing when to pass and when to dribbie. > To sender the appropriate skill, choosing when to pass and when to dribbie. > To see the appropriate skill, choosing when to pass and when the appropriate definite technique for the teurnament. Hockey > To see when appropriate skill, choosing when to pass a set the spectra skill, choosing when to pass a set the spectra skill, choosing when to pass a start of the spectra skill, choosing when to pass a start of the spectra skill, choosing when to pass > To use the appropriate definite technique for the	change how a performance looks. > > 10 copy and repeat movements in the style of rock 'n' construction of the style of rock 'n' construction of the style of rock 'n' movement of the style of rock 'n' style of construction of the style of rock 'n' of the style of the style of the style of rock 'n' of the style of the style	niles of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent. > To develop brain schlar of the service of the service > To develop brain schlar of the service of the service > To develop brain schlar of the service of the service > To develop brain schlar of the service of the service > To develop brain schlar of the service of the service > To develop brain schlar of the service of the service > To develop brain schlar of the service of the service > To develop the schlar of the service of the service > To develop the schlar of the service of the service > To develop the schlar of the service	action for the situation. > To understand and apply tacks: in a game. > To apply skills and knowledge to compete in a tournament. > To apply skills and knowledge to compete in a tournament. > To develop strong communication and negositation skills. > To develop strong and problem solving skills. > To develop strong and problem solving skills. > To develop strong and problem solving skills. > To develop strong and resting under pressure and sploy the > To develop bohning and relicing game. > To develop bohning and relicing game. > To develop fielding techniques and select the appropriate action for the situation.	Rounders 5 to develop thready and acting under pressure and an there to a staiking and helding game. 5 to develop boeling under pressure white abding by the of the game. 5 to drive to boeling under pressure white abding by the 5 to drive to boeling techniques and select the appropriate techniques and select the appropriate techniques and select the appropriate Athletics 5 to develop power, control and technique for the triple is 5 to develop power, control and technique when throwing 5 do develop power, control and technique when throwing 5 do develop power, control and technique when throwing 5 do develop throwing with force and accuracy for longer distances.
	Content Unit Lesson Content Unit	situation	pressure. > So use and apply skills, principles and tactics to a game structure. > So adversion particularly to be at a detender. > So develop dribbiling to beat a detender. > So develop dribbiling to beat a detender. > So adversion develop the skill, shooting when to pass and when to dribbili. > To grave the adversion develop the skill water to the skills and principles to play in a teurnament.	change how a performance looks. > 1 Doopy and repeat actions in the style of rock 'n > 1 Doopy and repeat actions in time with the mail. > 1 Doopy and repeat actions in time with the mail. > 1 Doors (a collaboratively with a group to choreograph a dirace in the style of notics 'n foul. > 1 Doors (a collaboratively with a group to choreograph a dirace in the style of notics 'n to style of the style of st	niles of serving. > To develop the volley and understand when to use it. > To apply rules, skills and principles to play against an opponent. Swimming > To develop basic skills of water safety and floating. > To develop basic skills of water safety and floating. > To develop basic skills of water safety and floating. > To develop basic skills of water safety and floating. > To develop basic skills of water safety and floating. > To develop basic skills of water safety and floating. > To develop basic skills and an understanding of perional survival. > To develop basic skills and an understanding of perional survival. > To develop basic skills and an understanding of > To develop basic skills and an understand when to use it. > To develop the volley and understand when to use it. > To develop the volley and understand when to use it. understam serve. > To apply rules, skills and principles to play against an opponent. Mult sports	action for the situation. > To understand and apply tacks in a game. > To apply skills and knowledge to compete in a tournament. > To develop torong communication and negositation skills. > To develop torong communication and negositation skills. > To develop torong communication and negositation skills to solve challenges. > To develop through and problem solving skills. > To develop through and major solving skills. > To develop through and major solving skills. > To develop through and major scale of the solving skills. > To develop through and major solving skills. > To develop through and major scale of the solving skills. > To develop through and heading game. > To develop through and heading game. > To develop fielding techniques and select the appropriate action for the skills and heading game. > To solve to possible shill with increasing consistency. > To develop fielding techniques and select the appropriate action for the skills and knowledge to compete in a tournament. > To apply skills and knowledge to compete in a tournament. Dompeted to solve the solve to a spane. > To approximate the solve to a spane. > To apply skills and knowledge to compete in a tournament. DOMP	Rounders > to develop throwing and catching under pressure and ap these to a striking and fielding gund. > to develop booking under pressure whits abiling by the booking of the striking of the striking of the striking of the > to develop fielding terthings and adeet the appropriat action for the striking. > To develop fielding terthings and striking terthings. > To develop fielding terthing terthings. > To develop fielding with striking terthings. > To develop fielding with striking terthings. > To develop fielding with the event. > To develop my own and others sporting terthings. > To develop with suitable pace for the event. > To develop with the adextorps when the triple ju distance. > To develop with the read accuracy for longer distance. > So develop with three and accuracy for longer distance. > Bundersz A distant to develop the officials abils of messuring, tring and recording.
	Content Unit Lesson Content Lesson Content	situation. To develop storting technique and make decisions about effent to pass, driblic or shour, > b oppin principles, rules and tackits to a bournament. Football So maintain personant and tackits to a bournament, So that the stort of under pressure. > To distribute majorita still, choosing when to pass and when to dribble. > To distribute appropriate still, choosing when to pass and when to dribble. > To apply rules, table and principles to play in a tournament. Tag rugby > To apply cut a stills and principles to play in a tournament. > To apply cut a stills and principles to play in a tournament. > To apply cut a stills and principles to play in a tournament. > To apply cut a stills and play posession. > To apply cut a stills and tackits terms to rule and when to play a tacking stills to best a defender. > To apply cut a starsmitte ability to > To apply cut a starsmitte a bility of > To apply cut a starsmitte a bility of > To apply cut a starsmitte a bility to best a defender. > To apply cut attacking stills to best a defender > To apply cut attacking stills to best a defender > To apply cut a starsmitte ability to > To apply cut a starsmitte ability to > To apply cut a starsmitte ability to > To apply cut a starsmitter and and tackstreae. > To apply cut a starsmitter and and backstreae.	pressure. > So use and apply skills, principles and tactics to a game shutcher. > So use and apply skills, principles and tactics to a game shutcher. > To develop dribbiling to beat a defender. > To gradent de appropriate skill, choosing when to pass and when to dribbi- > To gradent de appropriate skill, choosing when to pass and when to dribbi- > To gradent de appropriate skill, choosing when to pass and when the appropriate skill, choosing when to pass and when the appropriate skill, choosing when to pass and when the appropriate skill, choosing when to pass and when the appropriate skill, choosing when to pass > To see the appropriate defensive technique for the situation. > To see the appropriate defensive technique for the situation. > To use the appropriate defensive technique for the situation. > To use the appropriate defensive technique for the situation. > To apply choosing a definite technique for the situation. > To apply choosing a definite technique for the situation. > To apply choosing a definite technique for the situation. > To apply choosing a definite technique for the situation. > To apply choosing a definite technique for the situation. > To apply choosing addition to pass in a toornamet. Swimming > To develop base taktifice and the samiting technique. > To develop base taktifice and the samiting technique. > To develop base taktifice and textility technique. > To d	change how a performance looks. > 10 copy and repeat actions in the style of rock 'n' rol.	Intel of serving 30 Gavelop brev online and understand when to use IL 31 oppyrules, skills and principles to play against an opphrent Summing - Dis Gavelop brackskills of water safety and floating 31 of davelop brackskills of water safety and floating 31 of davelop brackskills of water safety and floating 31 of davelop brackskills of water safety and floating 31 of davelop brackskills of water safety and floating 31 of davelop brackskills of water safety and floating 31 of davelop brackskills of water safety and floating 31 of davelop brackskills of water safety and floating 31 of davelop brackskills and personal lavvikal 31 of davelop brackskills and personal brackskills 31 of davelop brackskills water blave brackskills and personal lavvikal 31 of davelop brackskills and principles to play against an opponent 31 objeho floating 31 objeho flo	action for the situation. > To understand and apply tacks in a game. > To apply skills and knowledge to compete in a tournament. > To develop toronouncitation and negositation skills. > To develop toronouncitation and negositation skills. > To develop thronounce and the negositation skills. > To develop thronounce and the negositation skills. > To develop thronoung and tacking under pressure and apply the > To develop thronoung and releding game. > To develop fielding techniques and select the appropriate action for the situation. > To apply skills and knowledge to comprete in a tournament. CAA > To knowledge to.	Rounders > to develop throwing and catching under pressure and ag- these to a straining and fielding game. > > 50 develop bowing under pressure wills abiding by the of the game. > > 0 approx. > > > 0 develop bowing techniques and age techniques and age of the game. > > > 0 develop bowing techniques and exect the appropriat action for the situation. > > > 10 understand apply tactics in a game. > > > > 10 understand apply tactics in a game. > > > > 10 develop deproximation technique and technique when throwing. > > > > 10 develop prove control and technique when throwing. > > > > > 0 develop prove control and technique when throwing. > > > 0 develop throwing who control accurate for larger distances. > 0 meanuting, timing and recording. > > 0 develop throwing who control accurate for larger distances. > No work collaboratively in a taem to develop the difficient abilis of measuring, siming and recording. > > > > > > > > > <td< td=""></td<>
	Content Unit Lesson Content Lesson Content	situation	pressure. > Fou ear and apply skills, principles and tactics to a game should be apply skills, principles and tactics to a game should be apply skills, principles and tactics to a game > To develop drikbling to beat a defender. > To genetic and receive the ball with control under process. Process. > To see the appropriate skill, choosing when to pass and when to drikble. > To use the appropriate skill, choosing when to pass and when and create space to support a teammate. > To use the appropriate skills, choosing when to pass and when to drikble. > To see the appropriate skill, choosing when to pass and when to drikble. > To see the appropriate skills, choosing when to pass and when to drikble. > To see the appropriate defender. > To see the appropriate defender. > To apply rules, skills and principles to play in a tearmament. Swimming > To develop beatstroke and beating be hots of founds > To develop beatstroke and beating beating technique. > To develop the dophin kits. > To develop the dophin kits.	change how a performance looks. > 10 copy and repeat actions in the style of rock 'n' rol. 'not, 'not, 'no	nites of serving. > To develop her wolley and understand when to use IL. > To apply nucles, skills and principles to play against an opponent. Swimming. > To develop herotrose and Disstituting technique. > To develop herotrose and Disstituting technique. > To develop herotrose shows and the second personal aurival. > To develop herotrose shows an understanding of personal aurival. > To develop the develop where the second personal aurival. > To develop the develop auto shows and the second > To develop the develop auto shows and the second > To develop the develop auto shows and the second > To develop the second the shall using a forehand. > To develop the success of the shall using a forehand. > To develop accuracy and consistency using the underam serve. > To apply rules, skills and principles to play against an opponent. Multi Sports > To be introduced to a new sport	action for the situation. S To understand and apply tacks in a game. To understand and apply tacks in a game. To apply ablis and knowledge to compete in a tournament. To develop communication and negotilation skills. To develop any communication and explaints with the situation of the situation. To develop there investing under pressure which abling by the situation of the situation. To develop the situation of the situation of the situation. To develop the situation of the situation of the situation. To develop the situation of the situation of the situation. To develop the situation of the situation of the situation. To develop the situation of the situation of the situation of the situation. To develop the situation of the situation of the situation. To develop the situation of the situation of the situation of the situation of the situation. To develop the situation of the situation. To develop the sitation of the sit	Rounders So develop throwing and dathing under pressure and ag- these to a straking and fielding game. So develop bording under pressure with a blinding by the d'h ag me. So develop bording terhingure and select the agground action for the situation. So develop bording terhingure and select the agground action for the situation. So develop bording terhingure and agort tertion is again. So develop bording terhingure and select the agground action for the situation. So develop bording terhingure and agort tertion is again. So develop bording terhingure and there optimize terhingure So develop bording terhingure show the event. So develop bording terhingure and there optimize terhingue So develop bording und through and accuracy for longer So develop bording and through the discusse bindings. So develop bording and through the tortice agit distance. So develop bording and through the terhingue bording terhinguing So develop bording and catalting under pressure and agit distance. So develop bording and catalting under pressure and agit. So develop bording and catalting under pressure and agits So develop bording and catalting under pressure and agits So develop bording and catalting under pressure and agits So develop bording develop termines.
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	Content Unit Lesson Content Lesson Content Unit	situation	pressure. > So use and appry skills, principles and tactics to a game structure. > So develop dribbiling to beat a defender. > So use the appropriet defender technique for the and when to dribbil. > To more into and crate space to support a taximita- and when to dribbil. > To more into and crate space to support a taximita- tion and a more into develop. > To develop breaksturbile of the desting technique. > To develop breaksturbile of user the desting technique. > To develop breaksturbile of user and for develop. > To develop breaksturbile of user and an understanding of	change how a performance looks. > 10 copy and repeat actions in the style of rock 'n' rol. 'not, 'not, 'no	Intel of serving. 5 To develop the voltey and understand when to use IL. 5 To apply rules, skills and principles to play against an opponent. 5 To develop the totake and Dershifting technique. 5 To develop the totake and Dersonal Burstis. 5 To be introduced to a new sport. 5 To undevelop and Derform Burst techniques 5 To undevelop and Derform Burst tec	action for the situation. > To understand mapply catchs in a game. > To apply skills and knowledge to compete in a tournament. > To develop communication and negositation skills. > To develop communication and negositation skills. > To develop communication and negositation skills. > To develop and communication and negositation skills to show challenges. > To develop and science show of communication and the communication and the site stem to solve challenges. > To develop and science show of communication and the site stem to solve challenges. > To develop and science show a skill and map reading. > To develop and science show of communication and the site stem to solve challenges. > To develop and science show and map reading. > To develop and follow a key and route on a map. > To develop fielding techniques and select the appropriate science of fielding techniques and select the appropriate > To apply skills and knowledge to compete in a tournament. OAA > To build communication and trust whilst showing an amoreness of safety. > To develop technique not scheep orthoms. > To develop technique not scheep orthoms. > To advelop technique and problem schleg. > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom and use circuit takings to determine > To work are atom are circuit takings to determine > To work are atom are circuit taking to determine	Rounders So develop throwing and dathing under pressure and ag- these to a straking and fielding game. So develop bording under pressure with a blinding by the d'h ag me. So develop bording terhingure and select the agground action for the situation. So develop bording terhingure and select the agground action for the situation. So develop bording terhingure and agort tertion is again. So develop bording terhingure and select the agground action for the situation. So develop bording terhingure and agort tertion is again. So develop bording terhingure and there optimize terhingure So develop bording terhingure show the event. So develop bording terhingure and there optimize terhingue So develop bording und through the training terhingue. So develop bording the force and accuracy for longer So dovelop bording and cathling under pressure and agort develop the distatist skills of messuring. Rounders So develop bording and cathling under pressure and agort develop the distatist so develop bording and cathling under pressure and agort develop throwing and cathling under pressure and agort develop throwing and fielding game.

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